

JANUARY 2023

Lourdes Rehab and Healthcare

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>10:00 Coffee Cart 2:30 Card Bingo 4:00 Toss Games</p> 	<p>2</p> <p>10:00 Sunshine Visits 11:00 Mass (Holy Day) 2:15 Bingo 4:00 Chair Yoga</p>	<p>3</p> <p>10:30 Nail Painting 2:00 Rosary 2:30 Jingo! 4:00 Wii Bowling</p> 	<p>4</p> <p>10:30 Coffee and News 11:30 Fun Fitness 2:30 Music w/Paul 5:00 Dinner and a Movie</p>	<p>5</p> <p>11:00 Communion Service 11:30 Small Group 2:30 Concert: Gary Walsh 4:15 Yoga Drumming 6:15 Resident Choice</p>	<p>6</p> <p>11:00 Exercise 1:30 Pet Visits w/Trixie 2:00 Interfaith Service 2:30 Wii Bowling 4:15 Read Aloud</p> <p>Day of the Epiphany</p> 	<p>7</p> <p>9:30 Sunshine Visits 11:15 Ladder Ball 2:00 Showtime 4:30 Brush Strokes</p> 
<p>8</p> <p>10:00 Coffee Cart 2:30 Card Bingo 4:00 Trivia</p>	<p>9</p> <p>10:00 Sunshine Visits 11:00 Mass 2:15 Australian Bingo 4:00 Chair Yoga</p>	<p>10</p> <p>11:00 Bible Study 2:00 Rosary 2:30 Movie: Crocodile Dundee 4:00 Wii Bowling</p>	<p>11</p> <p>10:00 Breakfast Club 11:30 Fun Fitness 2:30 Happy Hour & Music with Paul 5:00 Dinner and a Movie</p>	<p>12</p> <p>11:00 Communion Service 11:30 Small Group 2:30 Australian Thong Throwing Game 6:15 Resident Choice</p>	<p>13</p> <p>11:00 Exercise 1:30 Pet Visits w/Trixie 2:00 Interfaith Service 2:30 Wii Bowling 4:15 Australia Fun Facts</p>	<p>14</p> <p>9:30 Sunshine Visits 11:15 Word Games 2:00 Showtime 4:30 Brush Strokes</p>
<p>Celebrating the Earth - Lourdes Topic: Australia</p>						
<p>15</p> <p>10:00 Coffee Cart 2:30 Card Bingo 4:00 Read Aloud</p> 	<p>16</p> <p>10:00 Sunshine Visits 11:00 Mass 2:15 Bingo 4:00 Chair Yoga</p> 	<p>17</p> <p>10:30 Nail Painting 2:30 Group Rosary 4:00 Wii Bowling</p>	<p>18</p> <p>10:30 Fancy Feet 11:30 Fun Fitness Southern Theme Meal 2:00 Bingo Store 2:30 Music w/Paul 5:00 Dinner and a Movie</p>	<p>19</p> <p>11:00 Communion Service 11:30 Small Group 2:30 Music Performance: Tim and Honey 4:00 Yoga Drumming 6:15 Resident Choice</p> 	<p>20</p> <p>11:00 Exercise 1:30 Pet Visits w/Trixie 2:00 Interfaith Service 2:30 Men's Group 4:15 Wii Bowling</p> <p>National Hat Day</p>	<p>21</p> <p>9:30 Sunshine Visits 10:30 Crafts w/ The Daughters of Isabella 2:00 Showtime 4:30 Brush Strokes</p> <p>National Hugging Day</p>
<p>22</p> <p>10:00 Coffee Cart 2:30 Card Bingo 4:00 Trivia</p>	<p>23</p> <p>10:00 Sunshine Visits 11:00 Mass 2:15 Bingo 4:00 Chair Yoga</p>	<p>24</p> <p>11:00 Bible Study 2:30 Group Rosary 4:00 Wii Bowling</p> 	<p>25</p> <p>11:00 Lutheran Service 11:30 Fun Fitness 2:30 Birthday Party 3:00 Music w/Paul 5:00 Dinner and a Movie</p>	<p>26</p> <p>11:00 Communion Service 11:30 Small Group 2:30 Bowling 4:00 Reminisce 6:15 Resident Choice</p>	<p>27</p> <p>11:00 Exercise 1:30 Pet Visits w/Trixie 2:00 Interfaith Service 2:30 Travelogue 4:15 Wii Bowling</p>	<p>28</p> <p>9:30 Sunshine Visits 11:15 Word Games 2:00 Showtime 4:30 Brush Strokes</p> 
<p>29</p> <p>10:00 Coffee Cart 2:30 Card Bingo 4:00 Read Aloud</p>	<p>30</p> <p>10:00 Sunshine Visits 11:00 Mass 2:15 Bingo 4:00 Chair Yoga</p> 	<p>31</p> <p>11:00 Nail Painting 2:30 Group Rosary 4:00 Wii Bowling</p> 	<p>Happy Birthday</p> <p>1/9 Gertrude E. 1/25 Dorothy C. 1/23 David G. 1/28 Maggie W. 1/25 Marilyn S.</p>		<p>Daily Video Calls 11:00am-12pm 4:00pm-5:00pm</p> 	<p>Daily Mail Delivery</p> 



All religious services will be aired on channel 29 - Beauty Shop open on Mondays and Tuesdays