

December 2018 Lourdes Rehab and Healthcare

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
2 9:30 Sunshine Visits 10:30 Nail Painting 2:30 Music and Movement (MH)	3 10:00 Calendar Pass Out 11:00 Mass + 2:30 Bingo (L)  4:00 Chair Yoga (MH)	4 10:15 Music Therapy: Concert Rehearsal 2:30 Rosary (m+) 3:15 Interdenominational Service (m+)	5 10:30 Google This (MH) 2:30 Holiday Crafts (MH) 4:15 Restorative Exercise (MH) 6:00 Evening Group	6 10:00 Morning Meditation 11:00 Mass + 2:30 The History of St. Nicholas Day 4:00 Ladder Ball (MH) 5:00 Dinner & a Movie (MH)	7 10:30 Kindling for the Spirit (MH) 11:15 Exercise (MH) 1:30 Dog visits with Sophie 2:30 Travelogue (MH)  5:00 Room Visits	8 9:30 Sunshine Visits 10:30 Baking: Cookies for the Bake Sale 3:15 Dance Shoppe Dancers Performance Feast of the Immaculate Conception	
9 2:00 - 4:00 Lourdes Christmas Celebration 	10 10:00 Activity Cart 11:00 Mass + 2:30 Bingo (L) 4:00 Chair Yoga (MH)	11 10:15 Music Therapy (MH) 11:15 Chimes (MH)  2:30 Rosary (MH) 3:15 Ladies Group (MH) 5:00 Big Chief Chorus	12 10:30 Coffee and News (MH) 2:30 Writing Christmas Cards 4:15 Restorative Exercise (MH) 6:00 Christmas Sing-a-long with Lynnette and Sister Elizabeth	13 10:00 Activity Cart 11:00 Mass +  2:30 Bowling + 4:00 Resident Choice (MH) 5:00 Dinner & a Movie (MH)	14 10:30 Kindling for the Spirit (MH) 11:00 Exercise (MH) 1:30 Dog visits with Sophie 2:30 Wii Bowling (MH)  4:00 Read Aloud (MH)	15 9:30 Sunshine Visits 10:30 Pictionary (MH) 12:00 Cub Scout Pack 133: Christmas Carols 3:00 Card Bingo on Rehab	
16 9:30 Sunshine Visits 10:30 Nail Painting 2:30 Arts & Crafts (MH) 4:00 Christmas Caroling w/ Cub Scout Pack 185 	17 10:00 Activity Cart 11:00 Mass + 2:30 Bingo (L)  4:00 Chair Yoga (MH)	18 10:15 1:1 Visits w/ Laurie 10:15 Lutheran Service M+ 2:30 Rosary (MH) 3:15 Brush Strokes (MH)	19 10:30 Word Games (MH) Lunch: Chinese Theme Meal 2:30 Cookie Decorating 4:15 Restorative Exercise (MH) 6:00 Evening Group	20 10:00 Morning Meditation 11:00 Mass + 2:30 Bingo Buck Store (L) 4:00 Games (MH) 5:30 Christmas Lights Tour 	21 10:00 Pet Therapy Visits 10:30 Kindling for the Spirit (MH) 11:15 Exercise (MH) 1:30 Dog visits with Sophie 2:30 Resident Council (MH) 4:00 Short Stories (MH)  First Day of Winter	22 9:30 Sunshine Visits 10:30 Arts and Crafts with the Daughters of Isabella (MH) 2:30 Showtime	
23 9:30 Sunshine Visits 10:30 Coffee Cart on Rehab (RH) 3:00 Christmas on the Saxophone w/ Steve Thompson	24 10:00 Activity Cart 11:00 Christmas Mass + 2:30 Bingo (L) 4:00 Chair Yoga (MH)	25 10:30 Christmas Day Parade 2:30 Christmas Memories 	26 10:30 Coffee and News (MH) 2:30 Birthday Party (L) 4:15 Restorative Exercise (MH) 6:00 Evening Group	27 11:00 Mass + 2:30 Trivia (MH) 4:00 Resident Choice (MH) 5:00 Dinner & a Movie (MH)	28 10:30 Kindling for the Spirit (MH) 11:15 Exercise (MH) 1:30 Dog visits with Sophie 2:30 Wii Bowling (MH) 4:00 Read Aloud (MH) 	29 9:30 Sunshine Visits 10:30 Word Games (MH) 2:30 Card Bingo on Rehab	
30 9:30 Sunshine Visits 10:30 Nail Painting 2:30 Kick Ball (MH)	31 10:00 Activity Cart 11:00 New Years Mass + 2:30 New Years Party (L)	Location Key MH = Mendelson Hall + = Chapel RH = Rehab Day Room L = Main Lobby M+ = Meditation Chapel	Happy Birthday: 12/20 Immo Knoff 12/22 Mary Alshabkhoun 12/23 Mary Scott 12/30 Anne McCarter			Daily Mail Delivery 	

"For unto us a child is born, His name shall be called Wonderful Counsellor, The Mighty God, The Everlasting Father, The Prince of Peace" Isaiah 9:6