

FALL 2024



LOURDES
SENIOR COMMUNITY

Vol. 18 - Issue 2

the continuum...

www.lourdesseniorcommunity.org

*Celebrating our past,
present and future!*

Lourdes



Lourdes Senior Community is sponsored by the Dominican Sisters of Peace

ADMIRATIONS FOR LOURDES

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13 SAVE THE DATE

When I first moved to Fox Manor, my husband was at Lourdes Nursing Home. For the first time in our almost 64 years of marriage, I was living by myself and feeling very alone. I was so fortunate to move into a community that made me feel welcomed, safe and loved.

The facilities, services, staff and residents have made Fox a very special place. I also want to offer an extra thank you to the nuns for their faith and service. They have been responsible for the wonderful community we have here at Fox Manor. I am grateful.

- Fern Walch, Fox Manor Resident

I have been blessed by the care and personal touches at Mendelson the past several years. Recently, on my return from the hospital in a wheelchair, I received a standing ovation from many of the staff. What a feeling!

Mendelson is truly my home and I thank each of you for making it a great place to live.

- Don Overy, Mendelson Home Resident

Thank you to all those who have made God's invisibility become more visible through biblical scene and decorating throughout Fox Manor. Recently, the Eucharistic Pilgrimage through the halls of of Fox Manor have given a visible face to the God of all faiths.

Thanks to your generosity, Holy Communion services, Eucharistic Adoration, sacred scripture study, faith discussions and the assembling of religious articles have deepened the spirituality of the Fox Manor residents.

- Father Joseph Lang, Fox Manor Resident

"We have been residents at Fox Manor for two years. It is the "best move we ever made." It is a home that is safe and friendly and we are grateful to all of you who help make it so. The staff is exceptional and we have a variety of activities to choose from, whatever your interests, that make the weeks and months fly by. Most importantly, we are grateful and blessed to have Mass and Sacrament here at Fox. Thank you to all of you who provide"

- Mario and Alice DiCarlo, Fox Manor Residents

A PRAYER FOR AUTUMN



Heavenly Father,

As the vibrant days of summer fade and the cool embrace of autumn settles upon us, we are reminded of the beauty in change. The leaves, once full of life, now turn to hues of gold and crimson, gently falling to the earth, preparing the way for a season of rest. Though the trees may sleep, we know that this time of quiet prepares the ground for new life, just as every ending carries the promise of a new beginning.

We give thanks for the blessings of this past season—the moments of joy, the friendships made, and the growth that has taken root in our hearts. And as we walk through this time of reflection and renewal, we ask for Your guidance and grace.

May this season of transition remind us of the cycle of life, of the opportunities for rebirth that await us, and of the love and care You provide in every chapter. We are grateful for each day and for the promise of new life to come.

In Your holy name, we pray.

Amen.



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Dear Friends,

As autumn arrives, it brings a unique beauty to Lourdes Senior Community. Our campus transforms into a canvas of vibrant fall colors, reflected in the serene waters of our lakefront. These breathtaking views are cherished by our residents, as are the beloved traditions the season brings. From trips to the cider mill to pumpkin decorating and Halloween festivities, autumn is a time of joy, community, and celebration.

Looking ahead, we are excited about the future. As more baby boomers retire, the demand for independent living options continues to grow. In response, we are in the planning stages for two new construction projects: eight ranch style villas and a new lakeside independent living building with sixty-four apartments. These new options will offer both independence and community, catering to a variety of needs. To learn more about these exciting developments, please see the full story on page five.

This past summer, our Annual Legacy Event was an intimate yet powerful gathering. We honored our past, celebrated our present, and looked forward to our future. Guests explored the healing garden, listened to inspiring stories, and saw firsthand the impact of their support on our residents. One particularly moving story from the event is featured on page seven. We hope it touches your heart as it did ours and serves as a reminder of the profound difference your generosity makes.

2024 has brought us many blessings. In June, our Annual Golf Outing was a day filled with camaraderie and support for our mission of quality senior care. Thanks to the commitment of our sponsors and participants, we continue to provide exceptional care, amenities, and activities that enrich the lives of our residents. More details about this wonderful event and our amazing sponsors can be found on page eleven.

As we look toward the coming months, we're excited to announce our 2nd Annual Autumn Raffle. Last year, we set a goal of selling 1,000 tickets, with a grand prize of \$25,000! Although we didn't reach our target, our winner still walked away with over \$12,000. However, he made the decision to donate the money he won back to Lourdes! This year, we're aiming even higher, and we hope you'll join us. Learn more about how to participate on page thirteen.

Your prayers and generous support are deeply appreciated. The impact you have on the legacy of Lourdes is immeasurable. May the Lord continue to bless you and your families for your kindness and compassion.

With gratitude,

Richard Acho

Rich Acho, MBA, MSF
President and Chief Executive Officer

WHAT'S NEW...



MAKING A DIFFERENCE ONE RESIDENT AT A TIME

At Lourdes Senior Community, every resident is unique. They have a unique background, care needs, likes and dislikes. Their prestigious careers included working for one of the Big Three, teaching school, or serving in the military. No matter their race, creed, or religion, it is our Mission to assess the individual needs of each older adult in our care, ensuring they thrive and maintain their highest quality of life. This support is an ever-changing commitment, made possible only by the generosity of our community.

One resident, fondly nicknamed “New York,” exemplifies this story of personalized care and community impact. New York first came to Lourdes Senior Community in 2019, moving into Mendelson Assisted Living. A lifelong New Yorker, she never married or had children, but she did have a close friend who took on the role of her Power of Attorney, helping to manage her medical and financial decisions.

From the start, New York embraced life at Mendelson. She participated in activities, enjoyed the grounds, and regularly visited the salon. These amenities became a central part of her daily life. But as time passed, New York began to show signs of Alzheimer’s disease. When her condition progressed, the difficult decision was made to transition her to Clausen Manor, our memory care facility.

However, there was a challenge. New York had exhausted her savings after paying for her care at Mendelson. Despite a lifelong career at Saks Fifth Avenue in New York City, her earnings didn’t provide her with enough for the full cost of long-term care. When her Power of Attorney realized her remaining funds wouldn’t cover her stay at Clausen Manor, we knew we had to step in.

Thanks to donations made to our Continuing Support Fund, New York was able to remain at Lourdes Senior Community, where she continues to

receive the care and support she needs. Now residing at Clausen Manor, she remains the same spunky woman everyone loves. She still shares fond memories of her time at Saks Fifth Avenue, often recounting stories of her career to those around her.

New York’s story is just one example of how your contributions directly impact the lives of our residents. Your support not only provides essential care but also helps create a true sense of home—one filled with dignity, compassion, and community.

On behalf of everyone at Lourdes Senior Community, we extend our deepest gratitude for your continued generosity. Together, we are making a difference, one life at a time.



Conceptual Design of New Independent Living Villas on the Lake

INDEPENDENT LIVING

A GREAT PLACE TO CALL HOME FOR A NEW GENERATION

Lourdes is expanding their independent living services!

Lourdes Senior Community and the Archdiocese of Detroit have long been aware of the special needs of seniors for housing and medical assistance. In the early 1960s, the Most Reverend John F. Dearden recognized the growing need for long-term care facilities. At the time, many older adults were facing chronic illnesses or terminal conditions without access to adequate care.

In response, plans were initiated for a 108-bed nursing home to provide 24-hour skilled nursing care. Lourdes Nursing Home was officially dedicated on May 1, 1965, and quickly became a vital resource for the community, offering care to all, regardless of age, race, creed, or religion.

Over the years, Lourdes Senior Community has continued to expand, meeting the ever-changing needs of seniors and their families. Fox Manor on the Lake opened in 1991, providing independent living apartments, followed by Clausen Manor for specialized memory care and the Joseph T. Mendelson Home for assisted living. Each new addition was carefully designed to address emerging demands in senior care.

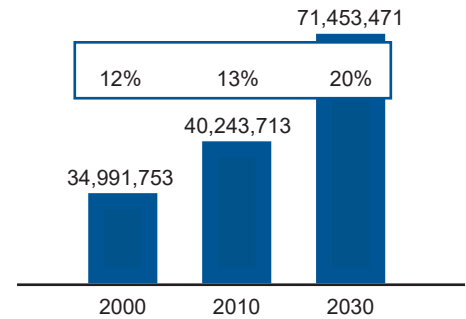
In the early 2000s, Lourdes expanded its services again, partnering with Rehab Care Group to bring short-term rehabilitation services to Lourdes Senior Community. During those introductory years, Lourdes Nursing Home supported an average of 20 short-term rehabilitation residents who received care from highly qualified physicians, therapists, nurses, dieticians and social workers. Still the need for physical therapy continued to grow.

In 2007, Lourdes Nursing Home was renamed Lourdes Rehabilitation and Healthcare Center to incorporate the rising demographic. Shortly after, plans for a rehabilitation expansion were considered. Ground was broken in 2014 for the new rehabilitation wing and in 2019, Lourdes prepared a new project to improve its long-term care services. The new Healthcare Center opened its doors to residents in 2021 and 2022, offering residents private bedrooms and baths, a sunroom, state of the activities center, courtyard, and beautiful lake views.

Lourdes has truly been blessed by the prayers and support received throughout each step of this journey. These contributions have been a pivotal foundation for the community's growth and ability to expand into a

broad continuum of care. Now, Lourdes is once again looking toward the future and a senior living experience for a new generation.

Projected Growth in the Number & Percentage of People Aged 65 & Older.



Source: US Census Bureau, Population Division, Interim State Population Projects, 2005

“Older adult communities are no longer just places for those who need care. They’re becoming vibrant retirement retreats where active older adults can live maintenance free, develop new friendships, enjoy entertainment and activities, receive pastoral services daily and just enjoy life,” said Rich Acho, Lourdes’ President and Chief Executive Officer. “Our goal is to create spaces where residents can truly thrive in their golden years, and we believe our campus offers this opportunity.”

After conducting a market feasibility study and monitoring the industry trends, it has become clear that older adults desire a new type of living experience. It is expected there will be a 19% increase in seniors aged between 65-74 by 2028 in our geographic region. In addition, the number of adult children to care for their parents is expected to decrease by 5% in that time.

To prepare for these changes, Lourdes Senior Community is getting proactive and starting plans for a new independent living experience. This project, which will roll out in two phases, is part of Lourdes' ongoing commitment to providing comprehensive care for seniors to the Waterford community and beyond.

"We are working with the Township to finalize our plans," explained Rich. "But it is expected the new project will roll out in two phases."

The first phase will involve the construction of eight Independent Villas—designed for older adults seeking a more independent living experience. These two-bedroom, two-bath villas will feature personal deck spaces, a one-car attached garage, and stunning views of Scott Lake, providing residents with a peaceful and independent lifestyle.

The second phase of the project will focus on the development of a new independent living apartment building which will run parallel to Scott Lake. Approximately 80% of these apartments will offer lakeside views, and the building will emphasize lifestyle and leisure. In addition to modern apartments equipped with the latest amenities, the building will include a movie room, hospitality bar, outdoor amenities and recreational spaces designed for activities like art therapy, baking clubs, and more. There will also be a bistro pub, wellness center with an exercise room, massage therapy and beauty salon available to residents.

Lourdes Senior Community aims to break ground on the first phase of the project by late 2024 or early 2025.

It is expected the Villas will be completed by year end in 2025. This expansion is seen as a significant step forward in the community's ongoing mission to serve the evolving needs of seniors while maintaining its tradition of excellence in care.

There are only **THREE LAKESIDE VILLAS** still available! Contact Wendy Mosella at 248-886-5674 or wmosella@lourdes-sc.org to reserve yours today!

LET US HELP YOU WRITE YOUR NEXT CHAPTER!

Apartments at Lourdes New Independent Living Center will feature one and two bedroom floor plans, with options for a den for some one bedroom options.

All units will include a laundry room, plenty of storage space and have breathtaking views of our grounds, with 80% of apartments overlooking Scott Lake.





LOURDES LEGACY EVENT

CELEBRATING OUR PAST, PRESENT AND FUTURE

On August 22, Lourdes Senior Community hosted a truly memorable evening at the Annual Lourdes Legacy Event. A night filled with heartfelt gratitude, delicious food, and meaningful connections, this year's event went beyond tradition by adding a new purpose: fundraising for the future of Lourdes.

The evening began with a warm welcome from our President and CEO, who thanked attendees for their continued support. He shared highlights of the incredible work Lourdes has accomplished in recent years, emphasizing how the generosity of friends, families, and donors has enriched the lives of our residents. Father Lang, a beloved resident at Fox Manor and our community's priest, followed with a touching prayer, blessing the event and the work being done at Lourdes.

Guests then dispersed to enjoy the various festivities. With five strolling food stations, attendees had the opportunity to sample an array of delicious offerings, including a

Mediterranean station, fresh vegetables, a charcuterie board, and desserts. Drinks, including our signature "Legacy Lemonade," flowed freely as guests mingled throughout the halls.

Throughout the evening, posters lined the hallways, showcasing the numerous projects Lourdes has accomplished over the past decade, all made possible through donor contributions. From a new resident bus and lakeside deck to building upgrades, smart technology, and more, each project stood as a testament to the difference our community's generosity has made.

Guests also enjoyed the chance to participate in a silent auction and a 50/50 raffle, which added an exciting element to the night. Congratulations to Sister Frances Mary Kernasovich, who won the raffle!

While this event has traditionally served as a recognition celebration to honor those who have contributed their time, talents, and treasures to Lourdes, this year we expanded its purpose. We not only celebrated our past and honored those who have been

vital to our mission, but we also looked to the future by turning the event into a fundraiser for the first time.

With a relatively small gathering of 60-80 guests, we set a modest goal to raise \$5,000 after expenses. Thanks to the incredible support of our attendees, sponsors, and donors, we more than doubled that goal, raising over \$11,000! These funds will go directly toward enhancing the lives of our residents, whether through building upgrades, luxurious amenities, activities, or educational programs.

We are immensely grateful to everyone who made this event a success, from our dedicated volunteers to our generous sponsors. Your support continues to build on the strong foundation of Lourdes Senior Community, allowing us to grow, thrive, and provide exceptional care for our residents. Thank you for helping us create a lasting legacy—one that continues to honor the past while paving the way for the future.

We look forward to seeing what we can achieve together in the coming year!



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THANK YOU TO OUR LEGACY COMMITTEE

Elisha Christopher

Diane Claeys

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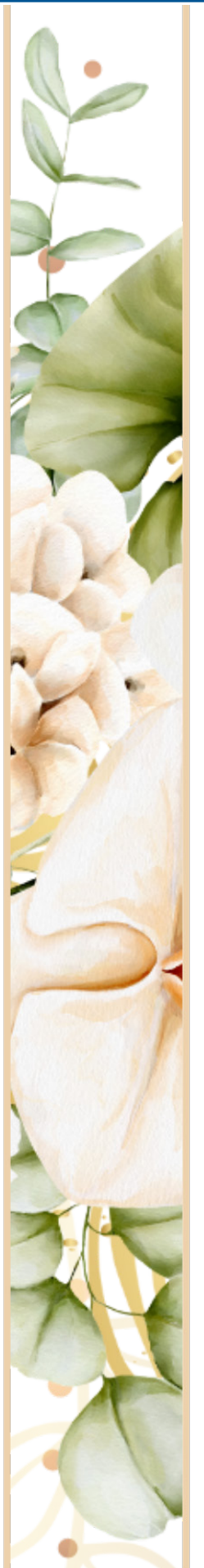
Sister Teresita Lipa

Wendy Mosella

Patty Phillips

Sandra Ritter

Fern Walch



Thank You

THANK YOU TO THE FOLLOWING INDIVIDUALS AND ORGANIZATIONS THAT GENEROUSLY SUPPORTED THE HOLY WORK OF LOURDES SENIOR COMMUNITY BETWEEN JANUARY 2024 AND AUGUST 2024.

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Tom and Mary Hassett
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In Memory Of Ella Bare

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In Memory Of Florence Dilworth

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In Honor Of

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In Memory Of

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In Memory Of Wanda Eskey

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Fox Manor residents get into the Halloween spirit.

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Mendelson residents look for the perfect fit for their Halloween festivities.



2024 GOLF FOR LOURDES

A FIESTA OF FUN AND SUPPORT

The 22nd Annual Golf for Lourdes Event was a day filled with sunshine, camaraderie, and support for Lourdes Senior Community. With around 80 golfers and over 20 dinner guests in attendance, this year's outing was a true celebration of community, generosity, and fun.

The day kicked off with check-in, where guests were greeted with their gift, a beautifully designed insulated cooler bag, sponsored by the Dominican Sisters of Peace. Our President and CEO, Rich Acho, warmly welcomed everyone, and after a moment of reflection and prayer, golfers took to the course for a shotgun start. Over the course of 18 holes, golfers enjoyed friendly competition, including longest drive and closest to the pin contests, all while basking in the spirit of the day. And maybe the heat! The temperatures reached the mid-nineties!

The theme for this year's event was a festive "Mexican Fiesta," and it carried throughout the day, from the colorful decorations to the lively atmosphere. Lunch was served right on the course, keeping everyone energized, and the day was capped

off with a taco bar and margaritas for dinner. The fiesta theme brought a vibrant flair to the evening, and guests appreciated the creative touches and opportunities to reconnect with friends.

We were thrilled to see so many familiar faces, many of whom have been participating in this event for years, helping to build lasting friendships through this annual tradition. A special highlight was recognizing Dan Callan and his team as this year's top scorers. Dan, who served as committee chair for 20 years and founded the event, was awarded a free foursome to join us again next year. Under Dan's leadership, the

golf outing has raised over \$1 million for Lourdes, and his dedication continues to leave a lasting legacy.

Plans are already underway for next year's event, where we will not only come together for another wonderful day of golf but also celebrate a significant milestone—Lourdes Senior Community's 60th Anniversary! Mark your calendars for June 12, 2025, and keep an eye on your email, our Facebook page, and our website for updates. We can't wait to celebrate 60 incredible years with you at our favorite event of the year!



2024 CHAMPS

Dan Callan and his team pose with trophy at 2024 Golf for Lourdes Event!

Congratulations, Dan!

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Thank You



Lourdes Autumn RAFFLE

50/50

YOU COULD BE THE NEXT BIG WINNER!

Don't miss your chance at a **LARGE** cash prize in time for the holidays!

State License Number: R77247

\$50 Per Ticket

This raffle will directly impact the lives of our residents by raising funds for garden upkeep, new healthcare appliances, smart technology, educational resources and life enriching entertainment and activities.

CELEBRATE THE SEASON WITH LOURDES' 2ND ANNUAL AUTUMN RAFFLE

The autumn season is a truly magical time at Lourdes Senior Community. As the vibrant days of summer give way to cooler, crisper air, the waters of Scott Lake calm and reflect the brilliant yellows, oranges, and reds of our changing oaks and maples. Residents are now enjoying trips to the cider mill, cozy evening campfires, and the ever-popular annual scarecrow contest.

As we move toward the holiday season, we feel especially grateful for another wonderful year filled with friendship, memories, and growth. At Lourdes, the commitment to providing quality senior care is unwavering. Our focus remains on continually meeting the physical, mental, emotional, and spiritual needs of residents. It's essential that everyone who calls Lourdes

home continues to live well-rounded lives, explore their interests, and maintain autonomy at every stage of older adulthood.

Looking ahead to 2025, exciting changes are on the horizon. With plans to provide even more luxurious accommodations, diverse activities, and new educational opportunities, Lourdes Senior Community remains dedicated to creating enriching experiences for its residents.

To help make these goals a reality, Lourdes is excited to announce the 2nd Annual Autumn Raffle!

Running through the autumn season, the raffle will culminate in a live drawing on December 6, 2024, at 2:00 pm, which will be streamed live on Lourdes' Facebook page. The lucky winner will receive half the pot, which came to over \$12,000 last year!

To get your ticket, or for more information, please contact Wendy Mosella in the Development Office at 248-886-5674 or via email at wmosella@lourdes-sc.org.

Thank you once again for your prayers and support. By participating in this fun event, you not only help ensure that Lourdes remains A Great Place to Call Home but also leave a lasting impact that will help provide quality care for future generations.

State License Number: R77247

wish list

TO CONTINUE OFFERING THE BEST SERVICE TO OUR RESIDENTS WE WOULD LIKE TO PURCHASE THESE ITEMS. IF YOU CAN HELP PLEASE CALL WENDY AT 248-886-5674.

Joseph T. Mendelson Assisted Living Home - Gift Cards - Mendelson Home is in need of gift cards to Meijer for baking supplies, drinks and snacks for happy hour and other activities. They also would like gift cards to Bordine's Nursery or Wojo's Green House for autumn and holiday flowers and decor.

Clausen Manor - Reclining Chairs - \$1,000 - Clausen Manor would like to replace their reclining chairs for their common living room. These chairs provide comfortable seating for residents and family members as they visit, engage in activities or watch movies. Clausen Manor would also like to purchase a wheel chair scale to provide better resident care.

Fox Manor - New Chairs - \$6,500 - Fox Manor is in need of new chairs for the Arbor Room (recreation room). This room is used for bible study, Rosary, art, crafts, baking and more. New chairs will help keep our residents comfortable while they gather for any activity.

Group Sing and Trivia - \$600 - Fox Manor is looking to introduce a few new activities for their residents to enjoy. Among them are Group Sing with instructor Laurie Herman, and Trivia. These activities cost an average of \$50 monthly.

Netflix- \$200 - Fox Manor residents regularly watch movies and host movie night parties. A Netflix Subscription for the year would give residents a wider variety of movies to choose from.

Lourdes Rehab and Healthcare Center - Tovertafel - \$12,500 - Lourdes is looking to join Clausen Manor with the addition of a Tovertafel Gaming Table for their memory care residents. The Tovertafel Gaming Table aids communication, memory recall and in increasing physical activity.

A NEW PAVILION AT FOX MANOR: A GIFT OF SHADE AND SERENITY



Richard Acho (left) and Richard Amacher dedicate the new Fox Manor Pavilion.

Last year's Autumn Raffle at Lourdes Senior Community ended with a surprising twist that left everyone in stitches. As the grand prize winner's name was pulled from the pot by resident Don Overy, CEO Richard Acho unfolded the slip of paper and announced, "Richard A."

The room fell silent with suspense — had the CEO really won the raffle?

With a hearty laugh, Rich quickly assured everyone that it wasn't him, joking about the odds of pulling a

name that could so easily be mistaken for his own.

The true winner was Richard Amacher, a member of Lourdes family with a strong connection to Fox Manor. Richard's grand prize winnings exceeded \$12,000—a significant pot for the first-ever Autumn Raffle. But what left everyone truly impressed was his choice to donate the entire sum back to Lourdes.

Richard's generous donation was driven by a heartfelt wish: to enhance the lives of the residents at Fox Manor. His vision was to create a peaceful outdoor space where residents could sit in the shade, enjoy a refreshing glass of lemonade, dive into a good book, or simply reflect on life surrounded by nature. This dream became a reality with the addition of a beautiful pavilion in the courtyard of Fox Manor.

This past summer, the pavilion was officially dedicated in honor of the Amacher and Tobin families.

The pavilion now stands as a testament to the kindness and generosity of those who believe in the Lourdes mission, providing residents with a serene space to relax and connect with one another.

Richard Amacher's story is a powerful reminder of how one person's generosity can have a lasting impact on an entire community. His gift has created a space that will be enjoyed by generations of residents, offering them comfort and a sense of peace in their golden years.

As we approach this year's Autumn Raffle, we are reminded of the incredible difference that each contribution makes. Whether big or small, every donation supports the work we do at Lourdes Senior Community and helps us continue to provide quality care and enriching experiences for our residents.



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