



The Sister Frances Mary Compassionate Care Fund

Changing the Future of Senior Care
One Life at a Time.

The Growing Challenge - *A Crisis We Can't Ignore*

The United States is facing a quiet but accelerating crisis - one that touches every generation. By **2030**, more than **1 in 5** Americans will be age **65** or older ($\approx$ **20.7%** of the population).¹ Yet as the need for senior care intensifies, the systems meant to support aging are under increasing strain.

Families are smaller than ever and fewer older adults live near family caregivers.² Retirement savings are stretched thin and far too many older adults lack the income needed to cover basic living costs.³ At the same time, the cost of senior care is climbing rapidly, placing a significant financial burden on families and individuals who are often unprepared.⁴ This isn't a future problem. It is happening now.

Whether you're caring for an aging parent, planning for your own retirement, or simply believe that everyone deserves dignity in aging — this crisis belongs to all of us.

Footnotes:

- [1] "1 in 5 Americans will be 65+ by 2030" - S&P Global / Claritas Pop-Facts. [S&P Global](#)
[2] "Families are smaller... older adults often rely on community services" - Meals on Wheels America. [Meals on Wheels America](#)
[3] "45% of older adult households do not have income to cover basic needs" - NCOA / LeadingAge. [National Council on Aging](#)
[4] "Strain on long-term care costs and financial ruin risk for older adults" - KFF Health News analysis. [KFF Health News](#)



A Population In Need

Nearly **6 in 10** Gen Xers ($\approx$ 62%) report they are saving less for retirement because everyday living costs are higher than ever. [1]

Roughly **40%** of Gen Xers have no retirement savings at all, putting them at high risk as they age. [2]

The median annual cost of assisted living in **2024** reached $\approx$ **\$70,800**, representing a $\sim$ 10% increase year-over-year. [3]

Long-term care costs are projected to continue increasing at a rate above inflation, meaning the gap between what older adults need and what they can afford will widen.

Footnotes:

- [1] Genworth + CareScout "Cost of Care Survey 2024" - their press release March 4, 2025. [Genworth Financial, Inc.+2CareScout+2](#)
[2] Genworth + CareScout "Cost of Care Survey 2024" summary. [CareScout+1](#)
[3] Article in Forbes (Jan 9 2025) referencing National Institute on Retirement Security. [Forbes](#)
[4] Johnson Financial Group article referencing Fidelity data.

Building A Solution Together

At Lourdes, we're not waiting for a crisis to unfold.

We see the warning signs and we're responding with compassion, commitment, and community.

The **Sister Frances Mary Compassionate Care Fund** is our first step toward real, sustainable support for older adults who are struggling with the rising cost of senior care. It is a resource designed to offer hope, access, and dignity where they are needed most.

This fund won't solve every challenge, but it is a beginning. It represents a shared commitment to doing better, together.

And with your help, it can grow into something that leaves a **lasting impact for future generations**.



How You Can Help Today

Senior care touches every one of us.

By joining this mission, you can make a real and lasting difference for loved ones today and for yourself tomorrow.

How You Can Help

Give – Every gift matters. Whether large or small, your generosity directly supports older adults in need.

Share – Spread the word. Tell others about this movement and share this website with someone who cares.

Volunteer – Lend your time and talents. Support events, expos, community outreach, or hands-on efforts.

Learn – Empower yourself. Join our educational programs to better understand and prepare for senior care.



For More Information

- ☎ 248-886-5673
📍 2300 Watkins Lake Rd
Waterford, MI 48328
✉ echristopher@lourdes-sc.org

*"Do not cast me off in the time of old age;
forsake me not when my strength is spent."*

PSALM 71:9

